

Long Term Plan	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Autumn 1 PE HUB	Body management 1	Multi-skills PPP	Multi-skills PPP	Multi-skills PPP	Multi-skills PPP	Swimming Swimstars	Swimming Swimstars
ZEST PE	Speed agility travel 1	OAA PE HUB	OAA PE Hub	OAA PE Hub	OAA PE HUB	Leadership – Multiskills PPP	Leadership –Multiskills PPP
Autumn 2 PE HUB	Dance 1	Fitness PPP	Fitness PPP	Fitness PPP	Fitness PPP	Swimming Swimstars	Swimming Swimstars
PE Hub	Gymnastics 1	Yoga PPP	Yoga PPP	Yoga PPP	Yoga PPP	Netball PE Hub	Netball PE Hub
Spring 1 PE HUB	Manipulation and coordination 1	Attack, defend, shoot unit 1 PE Hub	Attack, defend, shoot unit 1 PE Hub	Handball PE Hub	Handball PE Hub	OAA PE Hub	OAA PE Hub
ZEST PE	Cooperate and solve problems 1	Gymnastics unit 1 PE Hub	Gymnastics unit 1 PE Hub	Gymnastics PE Hub	Gymnastics PE Hub	Gymnastics PE Hub	Gymnastics PE Hub
Spring 2 PE HUB	Gymnastics 2	Attack, defend, shoot unit 2 PE Hub	Attack, defend, shoot unit 2 PE Hub	Tag Rugby PE Hub	Tag Rugby PE Hub	Tag Rugby PE Hub	Tag Rugby PE Hub
ZEST PE PE HUB	Dance 2	Dance PE Hub	Dance PE Hub	Dance PE Hub	Dance PE Hub	Dance 2 PE Hub	Dance PE Hub
Summer 1 PE HUB	Body management 2	Hit, catch, run PE Hub	Hit, catch, run PE Hub	Rounders PE Hub	Rounders PE Hub	Rounders PE Hub	Rounders PE Hub
PE HUB	Manipulation and coordination 2	Send and return PE Hub	Send and return PE Hub	Tennis PE Hub	Tennis PE Hub	Hockey PPP	Hockey PPP
Summer 2 PE HUB	Speed agility travel 2	Run, jump, throw PE Hub	Run, jump, throw PE Hub	Athletics PE Hub	Athletics PE Hub	Athletics PE Hub	Athletics PE Hub
Sports week activities	Cooperate and solve problems 2	Sports week plans & Colour run	Sports week plans & Colour run	Sports week plans & Colour run	Sports week plans & Colour run	Yoga Sports week plans & Colour run	Yoga Sports week plans & Colour run